

Cellular Toxins & Cellular Insufficiencies Are The Root Cause Of Cellular Malfunction That Medical Science Labels DISEASE

“What do you think the medical profession is built on? Confusion, chaos and mystery! Their strategy is to get you to believe that there are 10,001 different diseases all needing outside intervention from drugs and surgery, when the truth is that there is only one disease – CELLULAR MALFUNCTION.” – Quote by Gary Tunsky from the book “The Battle For Health Is Over pH”

With over twenty plus years of extensive culminating research in diverse fields of cellular disease pathology, I have discovered there are five conditions that cause poor health. The first three only account for approximately 5% of all the health problems that plague America. They are:

1. Hereditary weakness (genetic predispositions).
2. Congenital deformity.
3. Permanent organ injury (accidents and sports injuries).

The other two, or remaining 95% that are the direct cause of mankind's disease and suffering are caused by Cellular Toxicities and Cellular Insufficiencies, over which the principles of cellular cleansing, healthy diet and lifestyle play a tremendous part. The two pillars which hold up the temple of disease are primarily the result of multiple vaccinations starting from birth, toxic mercury poisoning from dental fillings, an impoverished/nutrient deficient diet, inverted way of living, continuous exposure to toxic air, environmental contaminants, food and beverage contaminants, toxic chemicals from water (chlorine, fluoride, arsenic, heavy metals, petroleum distillates, etc.); and an extensive list of toxins contained in cosmetics, toiletries, and household cleaners.

Cellular Toxicities and Cellular Insufficiencies never occur separately, they always occur together in combination as a compounding effect where one plus one does not equal two, but equals 10, 20 or 100 times the health wrecking potency when you combine thousands of chemicals in the bloodstream.

As cellular contamination (toxins), nutritional deficiencies and cellular insufficiencies progress, they place the cells, tissues, organs, systems, and eventually the entire body into a state of stress, disorder, or Dis-Ease. When the cells malfunction and cannot perform their tasks, organ malfunction eventually occurs with a resulting cascading system malfunction; eventually leading to body malfunction.

This sub-par congestive health condition is what I refer to as the “Medical Twilight Zone of Dis-Ease” where the patient is neither healthy nor in a severe trauma crisis state. They are somewhere in between where they have fallen into the cracks of one of the estimated 10,001 categorized disease labels and are well on their way to a life-threatening illness, and eventually death if not corrected.

In a full array of lab assays conducted by a medical doctor entailing such things as X-Rays, PET Scans, MRI's, CT Scans, Immune profiles, blood pathology, and hormonal assessments, the patient will most likely show few signs of abnormality because none of these tests have established parameters for measuring early decline of health, nor can they detect cellular toxicities and cellular insufficiencies. Consequently, the patient will either be blamed for bad genes, getting older, given a clean bill of health, be labeled by their doctor as psychosomatic or hypochondriac, or worse – be given symptom suppressive pharmaceutical drugs which will only shove the disease deeper with the patient unaware of the fact that they're getting sicker because the drugs only mask their symptom(s) but do nothing to treat the real cause of their problem which is at the cellular level.

There are over 100 abnormal Dis-Eases that won't register on blood tests, urinalysis, PET Scan, X-ray, computerized tomography (CT) and magnetic resonance imaging (MRI). This doesn't include the unseen emotional toxins such as anger, bitterness, stress, anxiety or un-forgiveness that eventually lead to physical illness and can never be detected through means of medical diagnostic equipment. Unfortunately, laboratory tests are only calibrated and limited to detecting chronic, severe crisis situations where it's often too late to take preventative measures. Their advanced equipment can easily detect liver cirrhosis, hepatitis, strokes, kidney failure, heart attacks, rheumatoid arthritis, metastasized tumors, etc., but not the medical twilight zone of Dis-Ease caused by cellular toxicities and cellular insufficiencies.

If you have toxic residues, heavy metals and plaque accumulating in the intestines, liver, blood, tissue, and cells and nutritional building elements are not able to penetrate the cell membrane to regenerate the cell's genetic material and remove metabolic waste, then metabolic efficiency, energy and hormone/neurotransmitter synthesis is greatly reduced which will manifest symptoms of extreme lethargy, muscle weakness, gastric distention, aches and pains, depression, memory and concentration problems. These symptoms are God's intelligence to warn us of a deeper cellular malfunction. Remember; only after massive numbers of cells malfunction or die do you begin to notice symptoms of disease. In other words, you're already sick before you get sick.

Allopathic physicians are taught that if you can't see it in an X-ray or detect it through lab assays, if you can't hear it in a stethoscope, or feel it in a palpitation, it's doesn't exist, even though the patient's whole body is in a state of stress or Dis-Ease. Since medical students are not taught the subject of toxicology and the dangers of accumulated toxins that cause free radical damage to the cells or the necessities of life, whole food nutrition to establish and maintain health, the entire sick-care industry can keep disease in the medical twilight zone, where no cures can be discovered and a medical monopoly of risky surgeries and lethal pharmaceuticals can keep you on the medical money-go-round, with these companies profiting hundreds of billions of dollars each year on crisis care.

It is estimated that over 75% of all office visits to medical doctors are in the medical twilight zone category of neurological disorders, chronic fatigue, stress, increased blood pressure, Syndrome X, fibromyalgia, gastric disorders, skin disorders, acute bacterial, fungal

and viral infections, mental disorders, immune-suppression, and auto-immune disorders, that are all caused by two things – cellular toxicities and cellular insufficiencies. The medical profession addresses neither, yet continues to thrive as the patient spirals downward or dies.

Typical of such twilight zone disorders are symptoms of headaches, dizziness, nervousness, severe fatigue, flatulence, constipation, diarrhea, insomnia, brain fog, joint aches, and a lost feeling of well-being, which are intelligent warning signals of a healing crisis. These symptoms are the cells' cry or scream to the brain to warn you of a cellular malfunction in a certain organ or system.

These subjective symptoms cannot be revealed by laboratory analysis until they have reached chronic degenerative proportions or metabolic disease states, nor can pharmaceutical agents treat them because these symptoms are indicative of nutritional deficiencies and cellular insufficiencies coupled with toxic cellular debris. There's a sliding scale between health and trauma, what I refer to as the medical twilight zone of Dis-Ease. 90% of all office visits to a medical doctor are the subjective symptoms of this gap which cannot be revealed by laboratory analysis until they have reached the point of crisis or trauma care. Pharmaceutical agents do nothing to remove toxic residues in and around the cells, nor do they fix nutritional deficiencies or cellular insufficiencies. In fact, they add more toxins and rob more nutrients from the body. Only natural, non-toxic treatment and detox protocols can reverse the illness.

All medical twilight zone Dis-Eases are endogenous and are the body's built in intrinsic wisdom instituted as a response to a healing crisis; a purging of toxins to prevent the chronic disease from settling in. These built in body-instituted purging symptoms of runny nose, mucous discharge, sweating, diarrhea etc. are misinterpreted as disease, when in reality they are the body's effort to eliminate toxins or decaying morbid waste through the elimination pathways via skin, colon, urine, liver, or respiratory system.

To the medical establishment – fever, diarrhea, mucous secretions, coughing, nasal dripage and excessive perspiration are looked at as unnecessary nuisances to attack or suppress when in fact they are intelligent purging mechanisms to expel toxic debris from the blood and tissues that have overloaded the elimination and detoxification pathways. In their ignorance, medical doctors are drugging the symptoms of toxicities, nutritional deficiencies and insufficiencies at the cell level, or surgically removing organs based on these conditions. If they only knew that once the toxic waste residue is excreted, the cells would be allowed to absorb oxygen and intelligent nutrients again, and the body's organs and systems would self-heal and return to homeostasis, or balance and order.

According to Dr. John R. Christopher, the father of modern herbology, "The germ is the scavenger that lives on toxins, mucous, poisons and filth. They are nature's perfect garbage men. We should work with them, not against them. With most incubation they multiply faster and faster. To live they must eat, and the only thing they consume is the filth of the body. When all the garbage is cleaned up, they leave because they have nothing more to live on."

The Body's Nutritional Needs

There are eleven different categories that are necessary for new cell growth and proper functioning of the body's systems as a whole. They are:

1. 24 amino acids.
2. Carbohydrates or glycogen.
3. Essential Fatty Acids (EFA's).
4. 16 vitamins.
5. 80 plus minerals.
6. Enzymes (catalysts which make everything else work).
7. Phytonutrients (pro-oxidants instead of antioxidants coming from green plants which have chlorophyll).
8. Sunshine or photon light (electromagnetic pulse waves which come from the sun).
9. Glyconutrients (essential glycosugars, glycoproteins and glycolipids needed for cellular communication).
10. Oxygen.
11. Water.

Every cell, whether it's a nerve cell or a muscle cell or a brain cell, is analogous to us as a whole in a microcosm. For instance, we have to breathe oxygen — cells have to breathe oxygen. We communicate — cells communicate in five different languages:

- Electromagnetic language
- Neurotransmitter language
- Hormonal language
- Electrochemical language
- Neuro-peptide language which would be a combination of brain to muscle communication.

We have internal organs — our cells have internal organs called organelles or genetic material. We have skin — our cells have a skin like texture called semi-permeable membrane to protect the inside of the cell from damage due to free radicals.

We conceive children — cells actually conceive by splitting and dividing into new cell generations called daughter cells. We produce waste — cells produce and release waste which has to be eliminated from the body through the lymphatic system, the skin, colon and urine. We need photon light from the sun — every cell of the body needs photon light from the sun for cellular communication which creates the electromagnetic energy to light up the cell like a light bulb. We harness the micro-electric current energy coming from the sun through photosynthesis

- cells harness micro-electric voltage inside the cell, in the mitochondria which produces the ATP; the energy factories for every cell. Cells are also manufacturing plants that synthesize hormones, neurotransmitters, proteins, peptides and intelligent life force to run all the body's functions.

By knowing that the creation of the human body is built on plant-derived substances, not synthetic pharmaceutical compounds, the body is created to recognize organic versus inorganic building materials for cellular health. Anything that's a synthetic, carbon-chain construct from petrochemicals, including vitamins, without the life force is rejected as a foreign substance. The disease process is triggered by the accumulated toxins that we inject through vaccines, eat, breathe, drink, think, and bathe in on a regular basis. If we take in more contaminants, carcinogens and acids than what the body's filtration, elimination and immune system can handle on a daily basis, it supersedes a threshold that eventually overwhelms the body and pollutes the blood. Our blood is a river of life. When it becomes overwhelmed with toxins it becomes a river of disease and death instead.

Most cellular insufficiencies are caused by 12 pillars of toxicities: spiritual toxins (sin), emotional toxins (anger, bitterness, stress, etc.), vaccine toxins, pharmaceutical toxins, environmental toxins, industrial toxins, food toxins, water toxins (found in tap water used for drinking, showering and bathing), beverage toxins (soda, coffee, alcohol), hygiene products, household cleaners, heavy metals (mercury, aluminum, cadmium, lead).

Most cellular toxicities trigger 12 pillars of insufficiencies: insufficient detoxification, insufficient chelation, insufficient hydration, insufficient oxygenation, insufficient pH, insufficient nutritional assimilation, insufficient energy vibration, insufficient circulation (blood & lymph), insufficient cellular communication, insufficient sunlight (photons), insufficient inflammatory response (allergies), and insufficient prayer/spiritual connection.

When you have a caked-up plaque coating of bio-film around the cell membranes, obviously that would cause hydration problems — the water can't get in. It would cause oxygenation problems, or what's called hypoxia, which is the medical term for low oxygen and that's a breeding ground for bacteria, viruses, fungus, and even cancer.

"But, even for cancer, there is only one main cause. Summarized in a few words, the prime cause of cancer is the replacement of the respiration of oxygen in normal body cells by a fermentation of sugar." — Dr. Otto Warburg

It would also lead to nutritional insufficiencies. If you have a cell membrane that is caked up, coated and solidified, obviously amino acids, essential fatty acids, vitamins, minerals, enzymes, and even photon light are going to have trouble penetrating the cell membrane to get inside the cell. You need intracellular nutritional elements instead of extra-cellular.

Most people don't understand that it's not the quantity that you take in with nutrition it's the quality and the source. What is the bioavailability? What is actually absorbing intracellular versus floating on the outside called extra-cellular nutrition? Synthetic vitamins and inorganic minerals are not the answer. Most people don't take in the proper nutrients necessary to get inside the cells where the genetic material lays, especially the inner hub called the nucleus, which is where the subatomic particles are. That's the power that runs the cellular engines.

So based on the location of the cellular malfunction, there is a correlating symptom or group of symptoms that is intelligently built in by God as a warning signal that medical science calls disease. Every cellular malfunction in the human body, similar to a car, has the dummy lights that correlate to where the malfunction is occurring. Medical science, out of ignorance, is wiping out the cellular cry (symptoms), driving the disease deeper instead of getting to the cellular malfunction because of ignorance in their training in med school.

The Toxic Assault

Here's an analogy of the toxic assault most of us are faced with on a daily basis. While you are sleeping you're exposed to toxins and chemical by-products from your bedding, carpet, air-conditioner or heating unit, paint fumes from your wall, etc.

A trip to the bathroom will assault your body further with thousands of other chemical toxins that are in your cosmetics and toiletries such as toothpaste, mouthwash, soap, deodorant, shampoo, hair spray, shaving cream, lipstick, perfume, and cologne. In many cases manufacturers are not even required by law to list what chemicals are in these products.

That's before you even sit down to have breakfast when you wake up to a jolt of caffeine from a cup of coffee and eat a sugar-laden donut or pastry. Then you're hit with more toxins from breakfast, lunch, and dinner that will introduce more sugar, white flour, preservatives, additives, emulsifiers, stabilizers, cancer-causing dyes, artificial flavors, rancid fats, hydrogenated fats, GMOs, and a litany of other toxic additives that eventually get into the blood through digestion.

Then you step outside and breathe contaminated air, especially if you're in a major city like New York, Los Angeles or Houston. It's possible you could be breathing thousands of different environmental and industrial contaminants with every breath. You have fluorocarbons, tetra-fluorocarbons, PCB's, dioxin, industrial contaminants, fossil fuels, paint fumes, mercury, Chemtrails, pesticides, herbicides, insecticides and all the other genocides.

Then you're assaulted from the chemicals in your car coming from your dash board, air freshener, gaseous compounds from your engine, and exhaust fumes. In fact, new evidence suggests that when a vehicle is sitting in the hot sun for long periods of time numerous chemical compounds and by-products are off-gassing in the vehicle.

Combine this with the chemical by-products from industry depending on your profession. For example; if you're a painter or if you're a mechanic that's dealing with turpentine solvents, these chemicals will leach through the skin and into the bloodstream.

Then you have beverage contaminants with your Cokes, Dr. Peppers, carbonated sodas, BHA, BHT, sodium benzoate, Yellow No. 5 dyes, caramel coloring, MSG, aspartame, Splenda, phosphoric acid, and thousands of other chemicals that also get into the blood through digestion.

Then you have your skin, which is literally a sponge with what you're bathing and showering in and most people, out of ignorance, don't have a shower filter to filter this garbage out of their municipal water. When you bathe you're taking in chlorine dioxide, fluoride, bromide, arsenic and all the other chemical by-products they use to treat the water. It is estimated that the average person in a 10-15-minute shower absorbs through their skin the equivalent amount of chemicals that would be found in six glasses of tap water.

So the big picture is by the time you inject, breathe, eat, drink and bathe, not counting your social habits, second-hand smoke, emotional toxins, or the contaminants in your homes, businesses, or airplanes by breathing in recycled air from the air ducts that haven't been cleaned in five years, you are past a threshold that your body can handle to stay well. It doesn't take a rocket scientist to figure out that if you inject, breathe, eat, drink and bathe in more contaminants than your body can eliminate on a daily basis, eventually your payday will come as a degenerative or metabolic disease and a weak link in the chain of organs.

If you're taking in an accumulated combined total of 50,000 contaminants on Monday and the liver, kidneys, colon, lymphatic system, the skin through sweat, and respiratory CO2 output are only capable of dumping 40,000 contaminants, you're in trouble. By Tuesday you haven't changed your lifestyle; you have the same job, the same stress, the same eating habits, same social habits, and same job. Day after day you maintain that toxic load at 50,000 or more, and the body is only dumping 40,000 or less.

As time goes on, the immune system weakens, the liver, kidneys and the lymphatic system get congested, and they slow down as far as their filtering capability. Usually a lethargic condition or sluggishness sets in at this time telling you that contamination is occurring at the blood level. Most people, because of sedentary lifestyles that manifest malaise and lethargy ingest toxic stimulants to jump start their adrenals to get them through the day. Then at their jobs, they're sitting around working on computers. At home they're watching television and they're not moving the blood and they're not moving the lymph fluids. So as time goes on, now the elimination systems, the filtration systems, and the immune system are only capable of removing 30,000 contaminants, then 20,000, then 10,000. As time goes on, the toxic load is maintained but the elimination capability is weakened.

What happens with these extra carcinogens, acids, and toxins? They end up collecting in the blood. Once the blood becomes contaminated, the body goes under what's called adaption response where it will shove these toxins and poisons into a weak link in the chain of organs; what I call the path of least resistance. This is your genetic predisposition given to you by your parents. Wherever your weakness is, or the path of least resistance, is where the blood is going to choose to store or deposit the toxins in non-priority tissues in order to keep the blood clean and you alive.

If the dump zone is the joints and the blood is shoving these acids and contaminants into the synovial fluid producing cells for storage, what happens next is billions of cells that produce synovial fluid or bursa fluid become congested, contaminated, and suffocated. Eventually it causes a cascading effect of cellular respiration problems and the water, oxygen, and intelligent nutrients can't get in through the phospholipid membrane.

When billions of cells in the joints can't produce the joint protecting fluid, you get a dryness and then an immune response of T-cells, macrophages, and NK cells to clean up the toxic mess like a Pac Man. When the white blood cells fight anything they release histamines, cytokines, or prostaglandins which are inflammatory chemicals. This inflammatory response is going to be called arthritis or bursitis by medical science. I want the readers to know that arthritis is not even a disease. "Arth" means joint; "itis" means inflammation. So inflammation of the joint is a description of the cellular malfunction of the synovial fluid or the bursa fluid producing cells.

If the dump zone is the pancreas because that's your weak link in the chain of organs where the islet or beta cells are that produce insulin and they get congested, suffocated, and contaminated, eventually the cell receptors get clogged and they cannot produce the insulin or receive glucose. When sugar is ingested, sugar regulation is affected and you're going to go into a hypoglycemic condition eventually leading to the label "diabetes mellitus." Again, this is cellular malfunction just like bursa joint cell contamination would be cellular malfunction. Two different locations, one disease: Cellular Malfunction.

If the dump zone is the heart where the cardiac cells are located that regulate electrical conduction for heart contraction, eventually you're going to have arrhythmias or palpitations telling you what's happening at the cellular level; that the toxic residues and heavy

metals are impacted in the arteries, coronaries, or the cardiac tissue. Eventually the symptoms are going to scream louder in an angina pain to tell you that cellular malfunction is more severe. When the cells malfunction in the heart, you're going to have a label called cardiovascular disease, eventually a myocardial infarction, or a heart attack, if it's not dealt with by non-toxic, noninvasive treatments.

If the deposition is the frontal lobe of the brain, usually it's neuro-toxins and heavy metals such as aluminum, cadmium, lead and mercury coming from your teeth, vaccines, etc. Heavy metals will leak in through the blood brain barrier via the dopaminergic system then the lipid fatty tissue of the brain will attract these heavy metals. If it's the frontal lobe of the brain where cells regulate cognitive thinking, you're going to get short-term memory problems and then eventually long-term memory loss called Alzheimer's disease. Again, these are labels of the same disease: Cellular Malfunction.

If the substantia nigra dopamine producing cells or the corpus striatum in the brain just below the pituitary is the collection or deposition zone for heavy metals and neurotoxins, you're going to have problems with dopamine production; and you're going to display symptoms of tremors festination, or shuffling gait, called Parkinson's disease. There's no such thing as Parkinson's disease. Parkinson is the name of a doctor – Dr. James Parkinson. Parkinson's disease is the descriptive label of cellular malfunction of dopamine producing cells in the brain.

I can show this physiological pathway with every “dis-ease” label known to man. The readers need to know that there is only one disease, cellular malfunction with two causes to the 10,001 “labels” on the one disease.

The medical answer to the cellular malfunction is to prescribe symptom suppressive pharmaceutical drugs, cut out the symptoms with surgery, administer chemotherapy, or radiate the body and poison the cells into an even further damaged state instead of fixing what's really wrong with the patient.

The medical training curriculum in the top university medical schools of Harvard, Baylor and Stanford make sure that the medical doctors are not taught the most important subject matters of symptoms verses disease. Remember, these are 20-year-old kids that want to be an MD. They're sitting in front of a professor in a position of trust with a white coat who's probably on the payroll of a drug company. So, due to the infiltration of millions of dollars in the form of grant money or research money, they make sure that they do not teach the two subject matters that are the answers for cellular disease treatments: homotoxicology and nutritional biochemistry.

“Antoine Béchamp was able to show scientifically that it's not the bacteria or the viruses themselves that produce disease; they are an aftermath of diseased tissue. Germs are the chemical by-products and constituents of pleomorphic microorganisms enacting upon the unbalanced, malfunctioning cell metabolism and dead tissue that actually produces disease. So once again, disease-associated microorganisms do not originally produce a disease condition any more than mosquitoes cause a stagnant swamp. The diseased, acidic, low-oxygen cellular environment is created by a toxic/nutrient deficient diet, toxic environmental exposures, toxic emotions, and a toxic lifestyle. This supports the morbid changes of germs to bacteria, bacteria to viruses, viruses to fungal forms and fungal forms to cancer cells in the body. Had Béchamp's breakthrough discoveries been incorporated into current medical curriculum, it would have meant a virtual elimination of disease and the end of the pharmaceutical industry.” – Gary Tunsy “The Battle For Health Is Over pH.”

Most medical doctors are unaware of the toxic free radical assaults against the DNA, cell membrane, genetic material, and the deficiencies of nutritional elements that are the building blocks of the cells. The reason why these two subject matters are totally eliminated in medical school is because if they were ever taught that toxins cause cellular damage they would have to point their finger at their own profession and question their own toxic medicine, unnecessary organ removal, nuclear radio isotopes, chemotherapy, and radiation, and say, “Well, Professor, you're telling us that X-Rays and the category of synthetic toxic compounds are the main cause of disease and cellular malfunction. Then why are we writing symptom suppressive prescriptions with multiple side effects? Why are we using mustard gas derived chemotherapy cocktails and cobalt radiation which causes cancer. And why are we using radio isotopes and medium contrast dyes that can cause DNA damage and leukemia?”

All of these treatments rob nutritional elements, make cellular respiration worse, cause dehydration, wipe out the immune system, and make cellular pH more acidic, allowing future opportunistic infections and disease to flourish.

The fact is if they were taught the truth, their whole empire would crumble because it's built on a foundation of junk pseudo-science that cannot withstand the light of truth. When you start with a lie based on pseudo science you've got to maintain that lie to protect the economic system. The whole medical profession is built on symptom suppression mechanisms. Symptoms are not the disease they are just the warning signals of the cellular screams or cries due to cellular malfunction caused by toxicities and insufficiencies.

What's interesting is these two factors cause a cascade of other problems that will eventually drive you into the hospital. Cellular detoxification should be one of the main treatment options of medical doctors to remove the cellular toxemia from the colon, lymphatic system, liver, kidneys and blood so the cells can function properly again. That is not even addressed in the medical profession. There is not one mainstream medical doctor that will implement a cellular detoxification program and very few will ever recommend nutritional protocols. The disease epidemic will continue to escalate exponentially until real health care is brought into the equation.